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## The 24 Best Adults-Only All-Inclusive Resorts

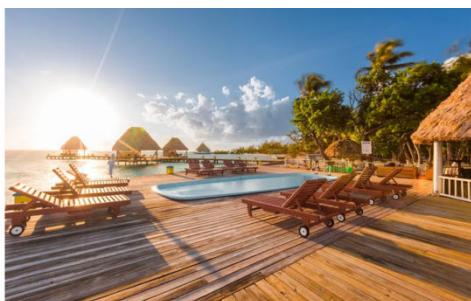
**Julia Eskins**, Contributor

**A**s more travelers seek out vacations that offer a tranquil escape from every day, the best adults-only all-inclusive resorts have become go-to destinations. These properties aren't just for honeymooners—whether planning a getaway with friends or a family trip, everyone can benefit from a peaceful atmosphere (and the joy of going wallet-free). Meals, drinks, select activities, amenities, and sometimes tips are included in the price of your stay, so you can focus on simply enjoying the experience. While the definition of “adults-only” varies, it typically means all guests must be at least age 16 or older.

While pre-paid packages tend to get a bad rep, all-inclusive properties are evolving. Many now offer private, customized experiences, design-forward guest rooms, and farm-to-fork gastronomy, while others have leaned into specific niches. Whether you're craving a high-octane outdoor adventure in the mountains or a remote private island for your honeymoon, there's an option for you. Below, we've narrowed down the best adults-only resorts around the world that offer all-inclusive options for every type of traveler. All you need to do is show up.

# Best Adults-Only All Inclusive Resorts In Central America

## Nayara Bocas del Toro, Panama



**Who Will Love It:** Free spirits yearning for a sustainable, off-grid adventure

**All-Star Amenities:** Oceanfront terraces with swim-up staircases, coral reef-safe bath and body products, private saltwater pools, 24-hour in-room dining, stand-up paddleboards; kayaks

**What Not To Miss:** A private boat ride to Dolphin Bay; staying in one of the treehouses

**Location:** Isla Frangipani, Panama

Often called the Galapagos of the Caribbean, the marine life-rich archipelago of Bocas del Toro is a utopia for ocean lovers. And for those who want to immerse themselves in the wonders of the archipelago, Nayara Bocas del Toro offers a sustainable retreat. Getting to the resort is easier than it seems—a 35-minute flight from Panama City will bring you to Bocas del Toro airport, and from there, it's just a five-minute boat ride to Frangipani Island. Choose to stay in one of 16 overwater bungalows or a whimsical, solar-powered treehouse designed by Ibuku's Elora Hardy.

Every inch of this property was intentionally devised to preserve the area's impressive flora and fauna. Days are spent paddleboarding or kayaking around the mangroves or lounging on an aerial beach that sits above emerald-green waters. The property offers tours of neighboring islands—with opportunities to spot dolphins, sloths, monkeys, caimans, rare tropical birds, and bioluminescence—as well as scuba diving, surfing, sports fishing, e-biking, and ATV adventures. In the evening, pad over to the property's fine dining restaurant in a century-old structure from Bali, where you'll find daily changing menus fueled by local ingredients.